REGISTER NOW

SATURDAYS, OCTOBER - DECEMBER 23, 2017
11:00AM - 12:30PM
Children Ages 7 - 12

Capeira is a martial art and dance form that combines elements of dance, acrobatics and music to promote physical fitness and grace of movement. Children benefit from improved physical fitness and develop a positive outlook on life. This ten week program is made possible by Arts Westchester with support from Westchester County government. Taught by Aytila Lima, aka mestre Aytila, who has taught kids and adults capeira for 27 years. Registration is required. To register or for more information call 914-680-1843, ext. 211 or come by the Children's Reference Desk.

AFTER SCHOOL YOGA
TUESDAYS, NOVEMBER 1, DECEMBER 6 AND 19, 2017
4:15PM - 5:30PM
Ages 6 - 10
Children's Room

Children will be physically challenged and feel a sense of accomplishment while learning how yoga can help strengthen their minds and bodies. They will move through yoga poses and release energy while working on focus, flexibility, balance and concentration. For more information, call 914-680-1840 ext. 211 or come by the Children's Reference Desk.

Special Storytime by Author, Dental Hygienist
Joanne L. Roos, RDH
Wednesday, October 25, 2017
10:30am
TheVisitsMeBook An A to Z: An Alphabetical Adventure to the Dental. Introduce children to the dental hygienist and the importance of taking care of their teeth. All attendees will take home a goodie bag with toothbrush, toothpaste and an activity sheet. Everyone is welcome, but please call ahead so we have enough material for your group. Signed copies of the book are available for purchase after the storytime. For more information call the Children's Room at 914-680-1840, ext. 211.

SAVE THE DATE

Get Library Card Ready

Visit the Mount Vernon Public Library and secure your pass to a big world of learning and entertainment. Our LearnSmart program offers you use of books, magazines, computers, movies and music. While a card is not necessary to participate in our activities, it's a great thing to have in case you see something you'd like to borrow. Signing up is quick and easy.