select Academic or Health databases. Or click “Learn Online” for occupational exam review, which includes many medical topics.

GOVERNMENT AND NOT-FOR-PROFIT ORGANIZATION WEBSITES:

AARP
www.AARP.org

Affordable Care Act
nystateofhealth.ny.gov

Navigators:
For appointment, call (914) 813 5192.
Call the Mount Vernon Public Library for Monday hours, usually from 1 to 7 p.m., in the Trustee Room. Navigator says walk-ins may be assisted.

Medicarerights.org

Mental Health Association of Westchester
www.mhawestchester.org

Pubmed
http://www.pubmed.gov
For scholarly sources, helpful how to search, advanced search, no advertising

Westchestergov.com
If you need assistance, please ask a Librarian to help you.

**AT THE REFERENCE DESK:**

**American Dietetic Association**  
**Complete Food and Nutrition Guide**  
Revised 4th edition  
R 613.2 D

**Barron’s Netters Atlas of the Human Body**  
Rq611 N

**The Official ABMS Directory**  
**Of Bord Certified Medical Specialists**  
R 610.69 O  
Vol. 1 – 2 Specialty, Vol. 3 Master Index

**PDR Physicians Desk Reference**  
R 615.1 P 2015  
Latest full label product information by manufacturer with brand & generic index, product identification guide.

**PDR Nurse’s Drug Handbook**  
PDR 2016 edition  
R 615.1 P  
Nursing considerations included in each entry of drug name.  
Comparison tables, brand & generic index, therapeutic class.

**CIRCULATING LIBRARY ADULT AND TEEN COLLECTION:**

Ask a Librarian to help you locate items on the main floor. Requires a library card to take out. Call first if you are coming to pick up an item to assure it is in-hand.

Some items may focus on a particular condition or population such as gender, life cycle age group, or caregivers.

Some popular subjects:

- Body systems, anatomy and physiology, forensics
- Nursing
- Communicable diseases
- Noncommunicable diseases and disorders
- Allergies
- Nutrition and fitness
- Disorders such as Aspergers, Autism, and learning disabilities
- Emotional and mental health
- Sexuality, reproduction, childbirth
- Infants, toddlers, children, adolescents
- Drugs, alcohol, and tobacco
- Safety and environmental health
- Alternative, non-traditional medical practices
- Hospice
- Americans with disabilities
- Health care systems

Ask the periodical desk at ext. 218, for magazines, such as Healthafter50 with Scientific American-Consumer Health, Prevention, Journal of Physical Education, Recreation and Dance, etc. Some back issues may circulate.

Other health, fitness, dance, or meditation in DVD or VHS Videocassette format or on CD.

**LIBRARY ONLINE DATABASES:**

Access from home requires your library card number and may require setting up your own username and password.

- [http://www.mountvernonpubliclibrary.org](http://www.mountvernonpubliclibrary.org)
- [http://www.westchesterlibraries.org](http://www.westchesterlibraries.org)

Access from home requires your library card number and may require setting up your own username and password. Click on “Research” to