

select Academic or Health databases. Or click “Learn Online” for occupational exam review, which includes many medical topics.

### **GOVERNMENT AND NOT-FOR-PROFIT ORGANIZATION WEBSITES:**

#### **AARP**

[www.AARP.org](http://www.AARP.org)

#### **Affordable Care Act**

[nystateofhealth.ny.gov](http://nystateofhealth.ny.gov)

#### **Navigators:**

For appointment, call (914) 813 5192.

Call the Mount Vernon Public Library for Monday hours, usually from 1 to 7 p.m., in the Trustee Room. Navigator says walk-ins may be assisted.

#### **Medicarerights.org**

#### **Mental Health Association of Westchester**

[www.mhwestchester.org](http://www.mhwestchester.org)

#### **Pubmed**

<http://www.pubmed.gov>

For scholarly sources, helpful how to search, advanced search, no advertising

#### **Westchestergov.com**

### **MOUNT VERNON PUBLIC LIBRARY**

28 South First Ave. (Between E. First & E. Second Streets)

Mount Vernon, NY 10550

914-668-1840

[www.mtvpl.org](http://www.mtvpl.org)

## **RESOURCES AND INFORMATION**

# **Health Resources**

Selected list of representative dictionaries, directories, circulating titles and online sources.

### **MOUNT VERNON PUBLIC LIBRARY**



**WHERE OPPORTUNITY AWAITS**

If you need assistance, please ask a Librarian to help you.

### AT THE REFERENCE DESK:

#### **American Dietetic Association Complete Food and Nutrition Guide**

Revised 4<sup>th</sup> edition

R 613.2 D

#### **Barron's Netters Atlas of the Human Body**

Rq611 N

#### **The Official ABMS Directory Of Bord Certified Medical Specialists**

R 610.69 O

Vol. 1 – 2 Speciatly, Vol. 3 Master Index

#### **PDR Physicicans Desk Reference**

69<sup>th</sup> Edition, 2015

R 615.1 P 2015

Latest full label product information by manufacturer with brand & generic index, product identification guide.

#### **PDR Nurse's Drug Handbook**

PDR 2016 edition

R 615.1 P

Nursing considerations included in each entry of drug name.

Comparision tables, brand & generic index, therapeutic class.

### CIRCULATING LIBRARY ADULT AND TEEN COLLECTION:

Ask a Librarian to help you locate items on the main floor. Requires a library card to take out. Call first if you are coming to pick up an item to assure it is in-hand.

Some items may focus on a particular condition or population such as gender, life cycle age group, or caregivers.

Some popular subjects:

Body systems, anatomy and physiology, forensics

Nursing

Communicable diseases

Noncommunicable diseases and disorders

Allergies

Nutrition and fitness

Disorders such as Aspergers, Autisim, and learning disabilities

Emotional and mental health

Sexuality, reproduction, childbirth

Infants, toddlers, children, adolescents

Drugs, alcohol, and tobacco

Safety and environmental health

Alternative, non-traditional medical practices

Hospice

Americans with disabilities

Health care systems

Ask the periodical desk ata ext 218, for magazines, such as *Healthafter50* with *Scientific American-Consumer Health*, *Prevention*, *Journal of Physical Education, Recreation and Dance*, etc. Some back issues may circulate.

Other health, fitness, dance, or meditation in DVD or VHS Videocassette format or on CD

### LIBRARY ONLINE DATABASES:

Access from home requires your library card number and may require setting up your own username and password.

<http://www.mountvernonpubliclibrary.org>

or

<http://www.westchesterlibraries.org>

Access from home requires your library card number and may require setting up your own username and password. Click on "Research" to